



ST TAMMANY PARISH PUBLIC SCHOOLS
BREAKFAST & LUNCH MENUS FOR RIVERSIDE ELEMENTARY
SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY HOLIDAY	3 Non-Fat Flavored Yogurt w/Toast Chilled Fruit Chilled Fruit Juice Dipping Chicken Bites Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes w/Gravy Texas Toast	4 Flaky Biscuit Sausage Patty Chilled Fruit / Fruit Juice Breaded Chicken Chilled Fruit Fresh Crisp Carrots Red Beans w/ Fluffy Rice Texas Toast	5 Donut Holes Chilled Fruit Chilled Fruit Juice Cheesy Bites Chilled Fruit Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie	6 Cinnamon Roll Chilled Fruit Chilled Fruit Juice Grilled Cheese Sandwich Chilled Fruit BBQ Baked Beans Garden Green Salad Fresh Chocolate Chip Cookie
9 French Toast Chilled Fruit Chilled Fruit Juice Chicken Tenders Chilled Fruit Garden Green Salad Fresh Cauliflower Bites Creamy Mac-N-Cheese Fresh Baked Roll	10 N'awlins Style Beignets Raisins Chilled Fruit Juice Hot Dog w/Chili Chilled Fruit Hot French Fries Ranchero Beans Cauliflower Florets Bun	11 Flaky Biscuit Sausage Patty Chilled Fruit / Fruit Juice Red Beans w/Sausage Frozen Fruit Cup Fresh Crisp Carrots Zesty Cucumber Slices Fresh Baked Breadstick Fluffy Rice	12 Fluffy Scrambled Eggs w/Toast Chilled Fruit / Fruit Juices Meat Sauce w/ Pasta Chilled Fruit Seasoned Green Beans Fresh Crisp Carrots Texas Toast Fudgy Brownie	13 Cinnamon Roll Chilled Fruit Chilled Fruit Juice Classic Chicken Sandwich Chilled Fruit Crisp Green Lettuce Hot French Fries Fresh Made Oatmeal Cookie
16 Snack Bun Bites Chilled Fruit Chilled Fruit Juice Chinese Orange Chicken Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Florets Fluffy Rice / Texas Toast	17 N'awlins Style Beignets Fruity Raisins Chilled Fruit Juice Beef Nachos Chilled Fruit Garden Green Salad Salsa Ranchero Beans Fresh Cinnamon Stick	18 Flaky Biscuit Sausage Patty Chilled Fruit / Fruit Juice Homestyle Hamburger Chilled Fruit Crisp Green Lettuce Hot French Fries Fresh Baked Chocolate Chip Cookie	19 Fresh Baked Fruit Muffin Chilled Fruit Chilled Fruit Juice Mini Cheese Ravioli w/Mariana Chilled Fruit Garden Green Salad Seasoned Green Beans Fresh Breadstick / Cake	20 Cinnamon Roll Chilled Fruit Chilled Fruit Juice Breaded Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit
23 Fluffy Scrambled Eggs w/Toast Chilled Fruit / Fruit Juice Chicken Tenders Chilled Fruit Garden Salad / Green Beans / Texas Toast Creamy Mac-N-Cheese	24 N'awlins Style Beignets Raisins Chilled Fruit Juice Taco Salad w/ Corn Chips Chilled Fruit Chilled Fruit Juice Zesty Fiesta Cinnamon Stick	25 Flaky Biscuit Sausage Patty Chilled Fruit / Fruit Juice Crispy Fish Strips Chilled Fruit Fresh Broccoli Bites Potato Salad Fresh Baked Breadstick	26 Pancakes/Sausage on a stick Chilled Fruit Chilled Fruit Juice Sloppy Joe Sandwich Chilled Fruit Fresh Crisp Carrots Hot French Fries Rice Krispie Treat	27 Cereal Choices w/Toast Chilled Fruit Chilled Fruit Juice Cheesy Bites Chilled Fruit Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie
30 Non-Fat Flavored Yogurt Chilled Fruit / Fruit Juice Dipping Chicken Bites Chilled Fruit Broccoli Crown Florets Mashed Potatoes w/Gravy / Texas Toast			BREAKFAST PRICES: Reduced (PK-12) \$0.30 Full Price (PK-6) \$0.75 Full Price (7-12) \$0.75 Eligible Adults \$1.50 Visitors \$2.25	AVAILABLE DAILY: Low-Fat White Milk Low-Fat Chocolate Milk Low-Fat Strawberry Milk

This institution is an equal opportunity provider. Menus are subject to change.

